

## 6<sup>th</sup> Asian Orienteering Championships cum Asian Cup

21 - 26 December 2018 · Hong Kong

Bulletin 3

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## Welcome

Welcome to the 6<sup>th</sup> Asian Orienteering Championships (6<sup>th</sup> AsOC) cum Asian Cup which will be held in Hong Kong from 21 to 26 December 2018! We, the Orienteering Association of Hong Kong are pleased and thankful for the responsibility we have been given to host the Championships.

Preparatory works have already been started and we promise to offer you high-class maps, terrains, competitions as well as all other associated activities. We hope that both the orienteers and spectators will have an unforgettable and amazing experience herein Hong Kong during the participation of the Championships!

The preliminary information of the competition can be found in this Bulletin and the updated information will be available in the future bulletins.

POON Ka Hang  
*Event Director*

## 1. Programme

Date	Time	Events	Venue
Dec 21 (Fri)	9:00-17:00 13:00-21:00	Event Advisor Clinic <b>Event Office opens:</b> Team Accreditation, Registration and Package pick up	Olympic House YHA Mei Ho House Function Room
Dec 22 (Sat)	7:00 9:00-17:00 8:00-20:00 10:30-12:30 12:30 14:00 14:00-1530 18:00-18:45	Breakfast Event Advisor Clinic <b>Event Office opens:</b> Team Accreditation, Registration and Package pick up Warm Up Event – Middle Lunch <b>Deadline for submission of Entry List for Sprint and Middle Event</b> Warm Up Event – Sprint Technical Model Team Officials Meeting (Sprint and Middle)	Hostel Cafe Olympic House YHA Mei Ho House Function Room Ngau Liu Fanling Event Office North District Park & Fanling Wai YHA Mei Ho House Function Room
Dec 23 (Sun)	7:00 8:00 10:00 11:30 12:30 15:00 16:00-2100 17:00-19:00	Breakfast Bus departs for Arena Sprint for Elite Classes Opening Ceremony & Flower Ceremony Sprint for Open Classes Prize giving for Open Classes <b>Event Office opens</b> Asian Working Group Meeting	Hostel Cafe Hostel Entrance Sheung Shui Heung Fung Kai No.1 School Arena YHA Mei Ho House Function Room
Dec 24 (Mon)	7:00-11:00 10:00 14:00-18:00 18:00	Rest Day Breakfast Optional Hong Kong Tour <b>Event Office opens</b> Christmas Party	Hostel Cafe Peak, Repulse Bay YHA Mei Ho House Function Room



Dec 25	7:00	Breakfast	Hostel Café
(Tue)	8:00	Bus departs for arena	Hostel Entrance
	10:30	Middle Distance	Shek Lung Kung
	14:00	<b>Deadline for Submission of Entry List for Relay</b>	Event Centre
	14:30	Flower Ceremony & Prize Giving for Open Classes	ditto
	16:00-2100	<b>Event Office opens</b>	YHA Mei Ho House
	18:00-18:45	Team Officials Meeting (Relay Event)	Function Room
Dec 26	7:00	Breakfast	Hostel Cafe
(Wed)	8:00	Bus departs for arena	Hostel Entrance
	9:45	Demonstration of change-over and map exchange procedure	Yuen Shan, Kam Tin
	10:00	Middle Distance Relay: 1 <sup>st</sup> leg starts	Arena
	12:15	Flower Ceremony	Event Centre
	16:00	Return to accommodation	
	17:00	Bus departs for Banquet	Hostel Entrance
	18:00	Prize giving for Elite Classes for all events	Club One, Shatin
	19:00	Closing Banquet	ditto
Dec 27	08:00-12:00	<b>Event Office opens</b>	YHA Mei Ho House
Thu)		Departure	Function Room

The opening hours of the Event Office are as follows:

21 Dec 2018	22 Dec 2018	23 Dec 2018	24 Dec 2018	25 Dec 2018	26 Dec 2018	27 Dec 2018
13:00-21:00	08:00-20:00	16:00-21:00	14:00-18:00	16:00-21:00	-	08:00-12:00

## 2. Asian Federations



Hong Kong



Chinese Taipei



India



Islamic Republic of Iran



Kazakhstan



Malaysia



Republic of Korea



China



Democratic People's Republic of Korea



Indonesia



Japan



Kyrgyzstan



Nepal



Singapore

## 3. Event Officials

IOF Senior Event Adviser

Mr. MURAKOSHI Shin

Assistant Event Adviser

Mr. INABA Hideo

Event Director

Mr. POON Ka Hang

Financial Director

Mr. YAN Kin Kong

Logistics Director

Mr. HUI Yau Chiu

Marketing Director

Mr. HUNG Fan Tai Barry

Technical Director

Mr. HUI Ngai Sang

Event Controllers

(Chief)

Mr. NG Kam Fu Patrick

(Sprint)

Mr. LEE Man Wai

(Middle)

Mr. LEUNG Lam Freddy

(Middle Relay)

Mr. YAN Kin Kong

Event Organisers

(Sprint)

Ms. CHIU Lai Kwan

(Middle)

Mr. HO Tsz Hang Stephen

(Middle Relay)

Mr. KWONG Man Fai Timothy

Mappers

(Sprint)

Mr. CHOI Yuen Hang

(Middle)

Mr. CHUNG Chi Ming

(Middle Relay)

Mr. YU Sai Hong

Course Setters

(Sprint)

Mr. CHU Kam Hung

(Middle)

Mr. YU Sai Hong

(Middle Relay)

Mr. CHUNG Chi Ming



## 4. Competition Classes

### AsOC Elite Classes

	Individual (Sprint / Middle)	Middle Relay (3 Legs)	Age Limit
Elite Classes	M/W 18E	M/W 18E	Born in or after 2000
	M/W 20E	M/W 20E	Born in or after 1998
	*M/W 21E	M/W 21E	No Age Limit

*\*Registered participants are eligible for Asian Cup and WRE scores.*

All competitors must be full passport-holding citizens of the country they are representing.

Competitors representing member Federations of the IOF, defined by the International Olympic Committee as belonging to the Asian continent, can compete in AsOC.

Competitors representing other member Federations of the IOF can participate in AsOC but will not be eligible for Asian titles, medals or diplomas.

Federations may enter up to 10 men and 10 women in each Elite class of the individual competitions.

In the Middle Relay competitions, a federation may enter a maximum of 2 teams in each gender category, but only the better-placed team will be counted in the prize list.

The remaining competitors of each Federation who are not running in the official relay teams can form team(s) and run the relay in the respective open classes, however, they are not eligible for any prize.

As stated in the AsOC rules, the starting order for the individual competitions shall be drawn at random. The draw shall be made in three starting groups (early, middle, late). Therefore, the team officials have to complete and return the Grouping List as attached at the end of the Bulletin to the organiser as soon as possible to facilitate the start draws. The deadline for the submission of start groups for Sprint and Middle events is 22 Dec 2018 before 14:00 hours while the deadline for the submission of the entry list for Middle Relay is 25 Dec 2018 before 14:00 hours. The start lists for the respective competitions would then be issued during the TOMs.

In each individual competition each Federation shall allocate its competitors to 3 starting groups. Before allocating a second competitor to a group, a Federation shall allocate one competitor to each group. Any single outlying competitor can choose which group to start. If a

Federation fails to allocate its competitors to starting groups, the organiser shall decide the allocation.

## AsOC Open Classes

	Individual (Sprint / Middle)	Middle Relay (3 Legs)	Age Limit
Open Classes	M/W 12		Born in or after 2006
	M/W 14	M/W 14	Born in or after 2004
	M/W 16	M/W 16	Born in or after 2002
	M/W 18A		Born in or after 2000
	M/W 20A	M/W 20	Born in or after 1998
	M/W 21A	M/W 21	No Age Limit
	M/W 35	M/W 35	Born in or before 1983
	M/W 40		Born in or before 1978
	M/W 45	M/W 45	Born in or before 1973
	M/W 50		Born in or before 1968
	M/W 55	M/W 55	Born in or before 1963
	M/W 60		Born in or before 1958
	M/W 65	M/W 65	Born in or before 1953
	M/W 70		Born in or before 1948

Open Classes are open to all participants, yet the minimum age is 10 years old.

The organizer reserves the right to combine classes with less than 4 entrants.



## 5. Maps, Courses and Terrains

### Sprint Distance – Sheung Shui Heung

Scale: 1:4,000 / Contour Interval 2m

New map produced in 2018 in accordance to ISSOM2007



### Terrain

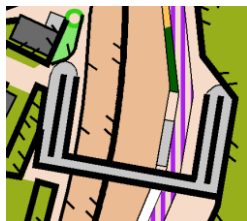
The competition zone comprises 2 different areas: (1) Historic walled villages, with its construction founded between 1584 and 1898. The original moat and some of the buildings are still retained. Combine of narrow lanes/passages and rest gardens/children playgrounds. Usual Sunday morning traffic is expected. (2) School campus combine of complex buildings and playground/flower beds. Both areas are very flat with almost no climbing. Paths and roads are mostly paved or asphalted. Visibility and runnability are very good.

The western (villages) and eastern (school campus) parts are separated by a busy road. You must use the designated footbridge to cross (shown as marked route on the course map) otherwise you will be disqualified.

**We are sharing the venue with the villagers and public. Remember that orienteers do not have the priority to use. Take care, especially where visibility is limited.**

There is no particular hazard yet competitors are reminded to beware of unleashed dogs and vehicular access despite traffic control shall be implemented. Competitors are also reminded to respect the local residents by reducing noise during competition.

## Map



The map is produced to ISSOM 2007 standard and offset printed on A4 waterproof paper. It is 7 colour, 1:4,000 scale and with 2 m contour intervals. There is a footbridge over a busy road. Technically the footpaths under the bridge appear that obstructed by an uncrossable wall, in fact it is 5m above your head. See the sample map to show this area. It is obvious when you get there but may not be at the point where you decide to go that way.

Cycling tracks and a few locations are marked “out of bounds” using purple stripes, as shown in the sample map. Running or crossing those areas is dangerous and may result in disqualification.

Special symbols used: ✕ Grave and ✕ Tree Stump

The preliminary course information is as follows:

Course	Class(es)	Course Length(m)	Climb(m)	No of controls	Expected Winning Time(mins)
A	M21E	2800	10	19	12-15
	M21A				
B	W21E	2600	10	17	12-15
	W21A				
	M35				
C	M20E	2600	10	16	12-15
	M18E				
	M18A				
	M20A				
	M40				
	W35				
D	W20E	2400	10	19	12-15
	W18E				
	M16				
	M45				
	M50				
	W18A				
	W20A				
	W40				



E	M55	2200	10	18	12-15
	M60				
	W16				
	W45				
	W50				
	W55				
F	M14	2100	10	17	12-15
	M65				
	W14				
	W60				
	W65				
G	M70	2000	10	18	12-15
	M12				
	W12				
	W70				

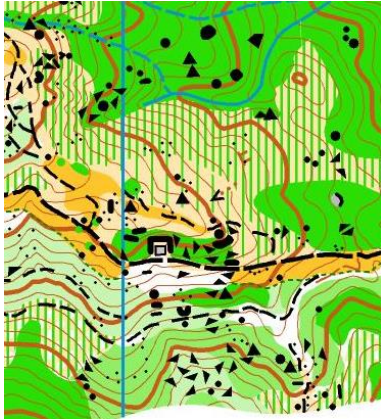
Start Interval for Elite and Open classes: 1 min;  
Maximum course time: 50 mins

## Middle Distance – Shek Lung Kung

Scale: 1:10,000 / Contour Interval 5m

1:7,500 enlarged maps for junior and senior classes

New map produced in 2018 in accordance to ISOM2017



### Terrain

Situated at the western part of the highest peak in Hong Kong, the venue is hilly with steep slopes and deep valleys. The highest hill in the area is around 470m above sea level. The competition area is covered by mixed vegetation, with about 15% of the area covered by white forests, another 25% covered by open and rough open area while the remaining 60% are covered by dense vegetation. Part of the area is dominated by extensive of boulder fields and stony ground which may hamper running speed. However, the area also covered by wide path networks and open areas which provide good visibility and runnability.

Stray cattle appear in area and will not do any harm to human. However, competitors are advised not to provoke or frighten the cattle and stay away from them as far as possible.

### Map

Due to the recent damage caused by the typhoon, lots of fallen trees and branches are found in the competition area and the vegetation of the affected area has been updated. However, competitors should take care on some affected areas off the predicted routes areas which may not be updated.



The preliminary course information is as follows:

Course	Class(es)	Distance	Climb(m)	No of controls	Expected Winning Time (mins)	Water Point	Finish
A	ME	3100	160	13	35	1	A
B	WE	2400	140	9	35		
C	M20E M18E	2300	140	9	35		
D	W20E W18E	2100	120	9	30		
E	M21A M35 M40	2500	100	10	35		B
F	M18A M20A M45	2500	80	9	30		
G	M16 W18A W35	2300	90	9	30		
H	W20A W21A	2400	100	9	30		
I	M50	2000	90	9	30		
J	M55 M60	1800	80	8	30		
K	M14 W16 W40 W45	1700	90	9	30	1	B
L	W55 W60 M65	1600	80	8	30		
M	W65 M70 W70	1600	80	8	30		
N	M12 W12 W14	1400	75	9	30		

All classes start at the same Start but finish in separate finishes  
Start Interval for Elite classes : 2 mins; Other Open classes : 1min  
Maximum course time : 120 mins



## Middle Distance Relay – Yuen Shan, Kam Tin

Scale: 1:10,000 / Contour Interval 5m

New map produced in 2018 in accordance to ISOM2017



The competition arena lies on a flat alluvial plain at the north western side of Tai Mo Shan and east of Yuen Long town. Yuen Shan is composed of farmland, wetland, villages and semi-open hills. Most of the area are covered by open to rough open vegetation and together with the wide-spread of path network enable good visibility and runnability. Hundreds of graves can be found in the area due to the favourable 'Feng Shui' of the area,

There are no particular hazards within the venue. However, there are graves in vicinity of the villages. Respecting the ancestors to the villagers, competitors are advised to not to step across the graves. There is occasionally the appearance of a water buffalo which causes no harm to the human beings.



The preliminary course information is as follows:

Course	Class	Course Length per leg (m)	Climb per leg (m)	No of controls per leg	Winning Time per leg (mins)
1	M21E	3600	130	14	30-35
2	M20E	3300	125	12	30-35
3	M18E	3000	100	12	30-35
4	M21A	3000	110	12	30-35
5	M20A	3000	110	11	30-35
6	M35	2800	110	12	30-35
7	M45	2800	110	12	25-30
8	M55	2300	85	10	25-30
9	M14	2000	50	10	20-25
10	M55	2300	85	10	25-30
11	W21E	3200	110	13	30-35
12	W20E	3100	110	11	30-35
13	W18E	2800	110	11	30-35
14	W20A	2500	80	9	30-35
15	W21A	2500	80	10	30-35
16	W35	2600	80	11	30-35
17	W45	2500	100	11	25-30
18	W55	2000	90	8	25-30
19	W16	2100	60	9	25-30
20	W14	2000	50	12	20-25

Version of old maps of the area (if any) will be uploaded to the Event web-site in due course. Map extracts and more details on terrain descriptions will be published in the next Bulletins.

## 6. Competition Rules

The 2018 edition of [Competition Rules for IOF Foot Orienteering Events](#) including its Appendix 9 for The Asian Orienteering Championships and the current OAHK Competition By-Law will apply.

## 7. Anti-Doping

Doping is forbidden: “Think positive – test negative”. All competitors shall follow the IOF Anti-Doping Code.

For more information, please consult: <https://orienteering.org/anti-doping/>

## 8. Clothing

For AsOC 2018, there are no regulations regarding clothing. However, full body cover is recommended for both Middle Distance and Middle Distance Relay events. No spikes are allowed in the Sprint Distance competition.

## 9. Punching System

The SPORTident Air+ punching system will be used in all competitions.

The organiser shall provide SIAC cards to all competitors for free. The card shall be returned to the organiser at the end of the competition. There will be a charge of \$280 HKD for each card lost or damaged.



## 10. Embargoed Areas

All competition areas have been embargoed from 1 October 2017.

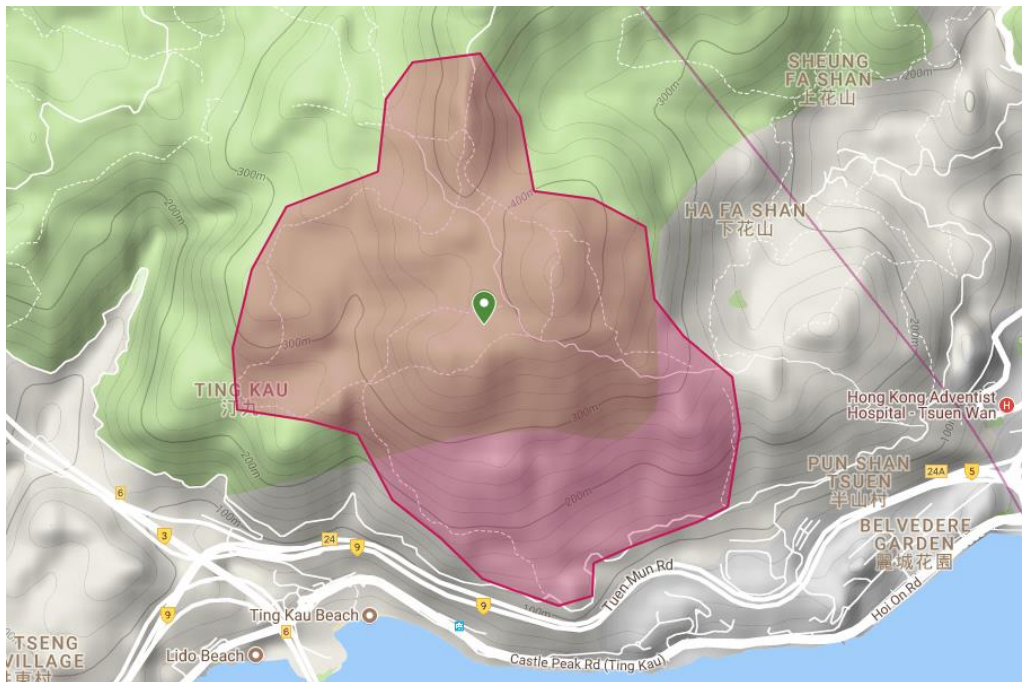


### 1. Sprint Distance Event on 23 Dec 2018 Sheung Shui Heung, New Territories



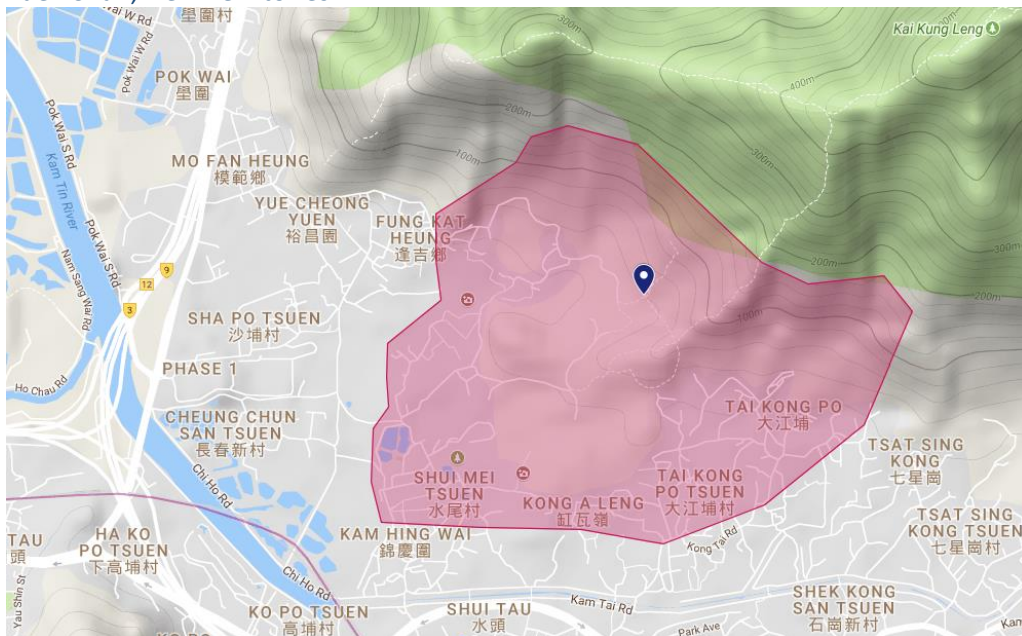
### 2. Middle Distance Event on 25 Dec 2018

## Shek Lung Kung, New Territories



## 3. Middle Relay Event on 26 Dec 2018

### Yuen Shan, New Territories





## 11. Entries & Entry Fees

The following entry data is based on the calculation as at 31 Oct 2018:

Elite Entries of AsOC 2018 - IOF Asian Federations																		
	M21E			M20E			M18E			W21E			W20E			W18E		
	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay
CHN	6	6	6	4	4	4	7	7	7	7	7	7	4	4	4	6	6	6
HKG	10	10	10	5	5	5	4	4	4	9	9	9	1	1	1	1	1	1
JPN	8	8	8	7	7	6	5	5	6	6	6	6	6	6	6	3	3	3
KAZ	4	4	4	0	0	0	0	0	0	3	3	3	0	0	0	0	0	0
KOR	3	3	3	3	3	3	1	1	1	3	3	3	1	1	1	2	2	2
SIN	5	5	5	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0
TPE	4	4	4	2	2	3	4	4	3	4	4	4	2	2	3	3	3	2
TOTAL	40	40	40	22	22	22	21	21	21	32	32	32	14	14	15	15	15	14

Elite Entries of AsOC 2018 - Non IOF Asian Federations																		
	M21E			M20E			M18E			W21E			W20E			W18E		
	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay	Sprint	Middle	Middle Relay
AUS	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BEL	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CAN	1	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CZE	1	1	1	0	0	0	0	0	0	1	1	1	0	0	0	0	0	0
EST	0	0	0	0	0	0	0	0	0	1	1	0	0	0	0	0	0	0
GBR	2	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GER	1	1	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
MAC	1	1	0	2	2	3	0	0	0	0	0	0	1	1	0	0	0	0
NOR	1	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0
TOTAL	9	5	3	2	2	3	0	0	0	3	2	1	1	1	0	0	0	0

Entries of AsOC 2018 Open Classes - Sprint															
	M12	M14	M16	M18A	M20A	M21A	M35	M40	M45	M50	M55	M60	M65	M70	
AUS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
BEL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
CAN	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
CHN	13	3	7	8	2	10	2	1	4	0	1	0	0	0	
CZE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
EST	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
BER	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
HKG	19	21	17	3	3	10	6	8	15	11	6	7	1	2	
JPN	0	0	0	0	0	1	0	0	2	2	4	2	0	4	
KAZ	0	0	0	1	0	0	0	0	0	1	0	1	0	0	
KOR	0	0	2	0	0	0	0	2	2	1	4	1	0	0	
MAC	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
NOR	0	0	0	0	0	1	0	0	0	0	0	0	0	0	
SIN	0	0	0	0	0	0	0	0	0	0	0	0	0	0	
SWE	0	0	0	0	0	0	0	0	0	1	2	1	0	0	

TPE	0	0	0	0	0	3	0	0	1	1	0	0	0	0
TOTAL	32	24	26	12	5	26	8	11	24	17	17	12	1	6
	W12	W14	W16	W18A	W20A	W21A	W35	W40	W45	W50	W55	W60	W65	W70
AUS	0	0	0	0	0	0	0	0	1	0	0	0	0	0
BEL	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CAN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHN	2	0	4	4	0	1	0	2	1	0	0	0	0	0
CZE	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EST	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GBR	0	0	0	0	0	0	0	1	0	0	0	0	0	0
BER	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HKG	16	10	9	1	0	4	5	8	7	5	4	1	2	0
JPN	1	0	0	0	0	1	1	0	2	1	1	0	1	1
KAZ	0	1	0	0	0	0	0	0	0	0	3	0	0	0
KOR	0	2	0	0	0	1	0	1	0	0	1	0	0	0
MAC	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NOR	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SIN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SWE	0	0	0	0	0	0	0	0	0	1	1	0	0	0
TPE	0	0	0	1	0	0	0	1	2	0	0	0	0	0
TOTAL	19	13	13	6	0	7	6	13	13	7	10	1	3	1
Non IOF Asian Federations														

Entries of AsOC 2018 Open Classes - Middle														
	M12	M14	M16	M18A	M20A	M21A	M35	M40	M45	M50	M55	M60	M65	M70
AUS	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BEL	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CAN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHN	0	2	7	8	2	7	1	0	3	0	1	0	0	0
CZE	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EST	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GBR	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BER	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HKG	15	15	13	3	1	13	6	9	14	12	5	7	2	1
JPN	0	0	0	0	0	1	0	0	2	2	3	2	0	4
KAZ	0	0	0	1	0	0	0	0	0	1	0	1	0	0
KOR	0	0	2	0	0	0	0	2	2	1	4	1	0	0
MAC	0	1	2	4	0	1	0	0	0	0	0	0	0	0
NOR	0	0	0	0	0	1	0	0	0	0	0	0	0	0
SIN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SWE	0	0	0	0	0	0	0	0	0	2	2	1	0	0
TPE	0	0	0	0	0	2	0	0	1	1	0	0	0	0
TOTAL	15	18	24	16	3	25	7	11	22	19	15	12	2	5

	W12	W14	W16	W18A	W20A	W21A	W35	W40	W45	W50	W55	W60	W65	W70
AUS	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BEL	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CAN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHN	0	0	4	4	0	1	0	0	0	0	0	0	0	0
CZE	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EST	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GBR	0	0	0	0	0	0	0	1	0	0	0	0	0	0



BER	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HKG	13	9	9	1	0	11	4	7	9	4	4	1	2	0
JPN	1	0	0	0	0	1	1	0	2	1	1	0	1	1
KAZ	0	1	0	0	0	0	0	0	0	0	3	0	0	0
KOR	0	2	0	0	0	1	0	1	0	0	1	0	0	0
MAC	0	0	1	2	0	1	0	0	0	0	0	0	0	0
NOR	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SIN	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SWE	0	0	0	0	0	0	0	0	0	0	1	0	0	0
TPE	0	0	0	0	0	0	0	0	2	0	0	0	0	0
TOTAL	14	12	14	7	0	15	5	9	13	5	10	1	3	1
Non IOF Asian Federations														

Individual Entries of AsOC 2018 Open Classes - Relay																
	M1 4	W1 4	M1 6	W1 6	M20A	W20A	M21A	W21A	M3 5	W3 5	M4 5	W4 5	M5 5	W5 5	M6 5	W6 5
AUS	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
BEL	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CAN	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
CHN	2	0	6	3	8	3	9	2	1	0	2	0	1	0	0	0
CZE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
EST	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
GBR	0	0	0	0	0	0	0	0	0	1	0	0	0	0	0	0
BER	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
HKG	25	17	11	6	2	0	33	13	18	3	19	8	14	4	2	0
JPN	0	1	0	0	0	0	2	1	0	1	1	2	4	0	4	0
KAZ	0	1	0	0	1	0	0	0	0	0	1	0	1	3	0	0
KOR	0	1	2	0	0	0	0	1	0	0	2	1	5	0	0	0
MAC	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
NOR	0	0	0	0	0	0	1	0	0	0	0	0	0	0	0	0
SIN	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
SWE	0	0	0	0	0	0	0	0	0	0	1	2	3	0	0	0
TPE	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0	0
TOTAL	27	20	19	9	11	3	45	17	19	5	26	13	28	7	6	0
Non IOF Asian Federations																

The official entry has been closed on 30 Oct 2018 and late entry may be accepted with the following late entry fees. Please note that the official packages have been over-subscribed and the late comers have to book for their own accommodations and arrange their own transport to and from the arena. The late entry fees of individual races are shown as below.

	Late Entry (1 Nov to 30 Nov 2018)
Sprint	HKD \$300
Middle	HKD \$300
Middle Relay (per leg)	HKD \$150

The entry forms will be available on the [OAHK website](http://www.oahk.org.hk) (<http://www.oahk.org.hk>). The completed entry form shall be sent through email to [asoc2018@oahk.org.hk](mailto:asoc2018@oahk.org.hk) by the respective deadlines with payment made. Official invoices and receipts may be provided upon request. The organiser reserves the right to deny entries if incomplete information is provided.

For overseas entries, payments are to be settled by telegraphic transfer or PayPal.

Beneficiary: Orienteering Association of Hong Kong  
 Beneficiary Bank: The Hongkong and Shanghai Banking Corporation Ltd  
 Bank Address: No. 1 Queen's Road Central, Hong Kong  
 Account No.: 495-373540-003  
 Swift Code: HSBCHKHCHKH

For local entries, official invoices will be issued together with PayPal link upon receipt.





## 12. Accommodation and Meals

Athletes and officials who have subscribed the official package will reside in the official accommodation at YHA Mei Ho House.

### [YHA Mei Ho House Youth Hostel](#)

Address: Block 41, 70 Berwick Street, Shek Kip Mei Estate, Sham Shui Po, Kowloon

A Map of the surroundings of the hostel with directions from the nearest MTR Stations are available [here](#).

Check-in Time: after 16:00 on 21 Dec 2018

Check-out Time: before 11:00 on 27 Dec 2018

\*Late check-out is available, with a charge of \$50 if specified when or before checking in or \$100 on the day of check out.

The booking is made for a duration of 6 nights, if you wish to extend your stay please specify to the duty manager at the YHA Youth Hostel (24 hours).

### Breakfast

Is included in the package and will be offered from 7:00. [Breakfast menu is available here](#).

Athletes and officials will be separated into 3 time slots for breakfast. Elite runners will be arranged for the first slot due to their early departure for the competition.

\*Actual arrangements will be announced upon check-in.

Both Chinese and Western type breakfast are offered by the hostel. For vegetarian meals, please specify in the entry form.

### Packed Lunch

Packed lunch is not included in the package and costs \$60/day/person which must be ordered and paid upon registration. The option to order from the [lunch menu](#) is also available. You can also buy your food for lunch at the supermarket and convenient store nearby.

### Dinner

Dinner is not included in the package and you can take your dinner in the hostel with menu available [here](#). You can also dine out as there are many eating places near the hostel with different choice of food available.

For details regarding regulation and facilities, please visit the following link and website:

Please cautiously read through the regulations of the hostel.

[YHA Mei Ho House Regulations](#)

[YHA Mei Ho House Website](#)

## 13. Event Office and Accreditation

Event Office is located at the Ground Floor of the official accommodation. Upon arrival, please proceed to the Event Office for check in and accreditation.

Passports for all athletes shall be produced upon accreditation. The organiser reserves the right to prohibit athletes from competing until the required passports are properly inspected.

Address: G/F Function Room, Block 41, 70 Berwick Street,  
Shek Kip Mei Estate, Sham Shui Po, Kowloon

Location map is available [here](#)

Telephone: +852 9319 8176 (during the event programme only)

Email: [asoc2018@oahk.org.hk](mailto:asoc2018@oahk.org.hk)

The opening hours of the Event Office are as follows:

21 Dec 2018	22 Dec 2018	23 Dec 2018	24 Dec 2018	25 Dec 2018	26 Dec 2018	27 Dec 2018
13:00-21:00	08:00-20:00	16:00-21:00	14:00-18:00	16:00-21:00	-	08:00-12:00

All team officials and athletes of the Federations participating in the Elite classes must carry out the accreditation when they check in at the Event Office. They have to produce valid passports to prove their identity. Identity cards bearing photos of the team officials and athletes will be given and without identification card, you will not be able to enter the bus, pre-start quarantine or attend the official programme. To facilitate the process and issue of identity cards, team officials and athletes are required to send their digital photos with names and Federation to the AsOC office through email on or before 10 Dec 2018.

## 14. Team Officials Meeting (TOM)

There will be a total of 2 Team Official Meetings. Both TOMs will be held YHA Mei Ho House and start at 18:00.

The first meeting will be held on the 22<sup>nd</sup> December 2018 with regards to the details of the Sprint and Middle Events.

The second meeting will be held on the 25<sup>th</sup> December 2018 with regards to the Middle Relay Event.

Both meetings are held at the Event Office. Each federation may admit up to 2 accredited team officials.





## 15. Transportation

Official transportation is included in the official package. This includes the ride to all the arena from the YHA Mei Ho House and return. A shuttle service is also available between the official accommodation and the banquet venue.

Shuttles would depart from YHA Mei Ho House at approximately 08:00-08:30 on each race day. Returning shuttles will leave the event site after the event has concluded.

\*Please note that all Elite Athletes **MUST** depart from YHA MHH for the race events via official transportation.

The finalised schedule will be published in Bulletin 4.

### Individual Bookings

Transportation is included in the event packages. We would also offer transportation to other competitors.

	Late Entry 1 Nov to 30 Nov 2018
Official Transportation for the competition period	HKD \$750

### Airport pick up arrangements

Airport pick-up will be available to official teams entered by federations.

A total of 3 pickup coaches will be provided at 3 separate times on the 21 December 2018.

\*The specified pick up times will be finalised in Bulletin 4.

Flight details must be delivered to [asoc2018@oahk.org.hk](mailto:asoc2018@oahk.org.hk) before 30 November 2018 for the necessary arrangements to take place.

Individuals may consider using public buses to reach the event office/official accommodation. Bus stop and train station are in vicinity of the hostel. Details may be found on the.

\*The specified pick up times will be finalised in the bulletin 4.

## 16. Ceremonies

### Opening Ceremony

The opening ceremony will be held on 23 December 2018 (Sun) at Fung Kai No. 1 School. Athletes and officials are invited to join the opening ceremony.

### Closing Banquet

The closing banquet will be held in the evening of 26 December 2018 (Wed) at Club One River View, Sha Tin. The fee for closing banquet is included in the event packages.

## 17. Training Opportunity

Warm up events including sprint and middle distance will be arranged on 22 December 2018. The warm up event for Sprint will be held at North District Park & Fanling Wai, an old village type settlement which resembles similar terrain of the AsOC Sprint event at Sheung Shui Heung. The warm up event for Middle will be held at Ngau Liu which consists of rough open and forest type vegetation. The training venue locates at the eastern part of the AsOC Middle event venue at Shek Lung Kung. Both vegetation and topography of the two areas are very similar. The maps are also produced by the same mapper.

Technical Model will also be held at one of the warm up event venues. Maps will be available at Event Centre and the training venue at the cost of HKD\$50 each. Official transport will also be provided to and from the warm up venues for those who have subscribed the official package.

After the AsOC 2018, a Long Distance WRE event will be held on 30 December 2018. Details have been published on the OAHK website.

## 18. Climate

Hong Kong's climate is sub-tropical, tending towards temperate for nearly half the year. During November and December, there are pleasant breezes and sunshine. Temperature usually ranges between 16-20 °C, whilst occasionally temperature may drop below 10 °C. the probability of rainfall is minimal.

Below is a chart of the weather records from the previous 4 years, for reference purposes.

	Highest Temp (°C)	Average Temp (°C)	Lowest Temp (°C)	Humidity (%)	Total Rain Fall (ml)
25/12/2014	19.1	16.9	15.3	78	6.7
25/12/2015	21.4	18.2	16.1	75	0.2
25/12/2016	20.3	19.5	18.4	82	Minimal
25/12/2017	19.7	17.7	16.3	53	0



## 19. IOF Event Adviser Clinic

In conjunction to the AsOC 2018, an IOF Foot Orienteering Event - Event Adviser Clinic will be led by Ms. Unni Strand Karlsen on 21-22 December. Clinic programme has been published on the OAHK website.

## 20. Visa Requirement

For information for visa requirement to visit Hong Kong, please check with the website of the Immigration Department of Hong Kong:

<https://www.immd.gov.hk/eng/services/visas/visit-transit/visit-visa-entry-permit.html>

## 21. Contact

Orienteering Association of Hong Kong

Room 1014, Olympic House, 1 Stadium Path, Causeway Bay, Hong Kong

Telephone: +852 3460 3177

Facsimile: +852 2577 5595

Website: [www.oahk.org.hk](http://www.oahk.org.hk)

Email: [asoc2018@oahk.org.hk](mailto:asoc2018@oahk.org.hk)

**Bulletin 4** to be issued in mid Dec 2018 prior to the Championships

# Sprint Event on 23rd Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser.)

Federation: \_\_\_\_\_

Team Leader : \_\_\_\_\_

**Class: M21E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Class: W21E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

Signature of the team leader: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_



# Sprint Event on 23rd Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## Class: M20E

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

## Class: W20E

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

Signature of the team leader: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By: \_\_\_\_\_

# Sprint Event on 23rd Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## Class: M18E

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

## Class: W18E

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

Signature of the team leader: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_



# Middle Distance on 25th Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

**Class: M21E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Class: W21E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

Signature of the team leader: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_

# Middle Distance on 25th Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

**Class: M20E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Class: W20E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Signature of the team leader:** \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_





# Middle Distance on 25th Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. The start draw will be private and be approved by the event adviser)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

**Class: M18E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Class: W18E**

Early	Middle	Late
1.	2.	3.
4.	5.	6.
7.	8.	9.
10.		

**Signature of the team leader :** \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_

# Middle Relay on 26<sup>th</sup> Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 22<sup>nd</sup> Dec 2018. Start list will be issued during the TOM on 25 Dec 2018.

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## M21E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

## W21E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

Signature of the team official: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_



# Middle Relay on 26<sup>th</sup> Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 25<sup>th</sup> Dec 2018. Start list will be issued during the subsequent TOM)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## M20E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

## W20E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

Signature of the team official: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_

# Middle Relay on 26<sup>th</sup> Dec 2018

**Entry List:** (This form must submit to the organizer at the event center in Event Office before 14:00 on 25<sup>th</sup> Dec 2018. Start list will be issued during subsequent TOM)

Federation: \_\_\_\_\_

Team Leader: \_\_\_\_\_

## M18E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

## W18E

	Team 1	Team 2
Leg 1		
Leg 2		
Leg 3		

Signature of the team official: \_\_\_\_\_

Received on \_\_\_\_\_ (date) \_\_\_\_\_ (Time) By : \_\_\_\_\_



INTERNATIONAL ORIENTEERING FEDERATION



香港定向總會

Orienteering Association of Hong Kong



Home Affairs Bureau  
Arts & Sport Development Fund  
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藝術及體育發展基金



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